

BAALYAA NEWSLETTER

June 2017

..... knowledge beyond boundaries

QUEST FOR KNOWLEDGE
JUNE 2017

THEME TABLE : Cleanliness

CELEBRATION : International
Yoga day

ROLE PLAY : Cleanliness and
Personal Hygiene

...BACK TO SCHOOL


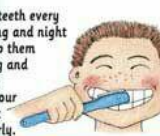






Going back to school after summer vacation means a lot of things have to change. Children are used to sleeping in and doing things on their time. Now, when the school bell rings, priorities change, schedules changes and most importantly children are experiencing a whole new world. After a summer of sleeping in or doing things on your time, the alarm bell announcing that first day of school can be a rude awakening.

First day is also the time to bring in school supplies and paperwork. It can help to pack their backpack the night before school starts so they are not scrambling around at the last minute looking for what they need. Armed with brand new bags. Departing from home is easier than the last time, as they begin to become the more independent version of themselves. The summer can be a whirlwind of emotions, but now they are back to school, and ready to make more memories. Children have new teachers, new friends, new classes, new books, new clothes and the list goes on. Nevertheless, it's a great day to make a new friend, so try to say Namaste (Hello) to kids you know and new ones that you don't. Make the first move and you'll be glad you did and so will your new friend!

STUDENTS CORNER

CLEANLINESS THEME OF THE MONTH

Taking Care of Yourself

Sleep Early to bed, early to rise. Plenty of sleep helps you concentrate. 	Teeth Brush teeth every morning and night to keep them shining and bright. Visit your dentist regularly. 
Nails Trim nails weekly. Keep nails short and clean. 	Hair Wash your hair often. Keep it neat by styling and brushing. 
Exercise Play outside as much as possible. Don't sit and play on the computer or watch TV too often. 	Hygiene Bath or shower and change underwear daily. Wash hands after visiting the toilet and before eating. 
Homework Take care with homework and always do it before going out to play. 	Diet Eat a healthy balanced diet. Choose healthy snacks such as fruit instead of crisps and sweets. Avoid sweet, fizzy drinks. Drink water, milk or fresh fruit juice. 

International Yoga Day

EVENT

International Day of Yoga or World Yoga Day has been declared (by the United Nations General Assembly) to get celebrated on 21st of June after the suggestion and initiation of India. Baalyaa celebrated International Day of Yoga with volunteers from Isha Yoga in order to increase the awareness of yoga benefits among the Students as well the parents. Yoga is very safe and can be safely practiced by anyone anytime even by children. Yoga is a practice to bring body parts together to make a balance of body, mind and soul. Yoga enhances immunity system thus prevents from various diseases and cures different disease. We cannot count the benefits of yoga, we can understand it only a miracle which has been gifted to the human fraternity by the God.



PRANAYAMA YOGA PERFORMED BY THE STUDENTS

Points to Ponder

What if I fall? Oh! But my darling
What if you fly?

ART & CRAFT

MAKING OF BUTTERFLIES

Who doesn't love butterflies? Butterflies always remains a childhood fantasy and chasing it to moons .Can we make butterflies? .Yes , we can make beautiful butterflies with nothing but papers . In Baalyaa, we taught children to make butterflies in Art and Craft Class. There is a little cutting involved, as well as the need for a little bit of string or glue. These paper butterflies can be used in lots of different ways – turn them into a darling butterfly, decorate your wall, a photo frame or glue on top of a pretty gift box. Make small ones and add them to Sweetie's band or Motu's brooch. But it is a great paper craft for kids and a wonderful introduction to origami for beginners as it uses some basic origami folds. You may also love to see these easy butterfly crafts!



BRUSH PROJECT



Montessori Activity on Personal hygiene in the classroom.

Quest for Knowledge for the month of July 2017

Theme Table : Colors (RED, YELLOW, GREEN, BLUE)

Celebration : GURU POORNIMA

Event : OUTREACH PROGRAMME

Role-play : Color Rhymes

PARENTS CORNER

IDENTIFY YOUR CHILD'S TRUE NATURE

TYPE 1	TYPE 2	TYPE 3	TYPE 4
<i>The Fun-loving Child</i>	<i>The Sensitive Child</i>	<i>The Determined Child</i>	THE MORE SERIOUS CHILD
PRIMARY CONNECTION TO THE WORLD: social	PRIMARY CONNECTION TO THE WORLD: emotional	PRIMARY CONNECTION TO THE WORLD: physical	PRIMARY CONNECTION TO THE WORLD: intellectual
PRIMARY MOVEMENT: bouncy and random	PRIMARY MOVEMENT: subtle and thoughtful	PRIMARY MOVEMENT: active and determined	PRIMARY MOVEMENT: straightforward and exact
PRIMARY NEED: have fun, happy parents	PRIMARY NEED: feelings heard, connected family	PRIMARY NEED: new experiences, with parents' support	PRIMARY NEED: respect, given and received
DESCRIBED AS: friendly, bright, light-hearted	DESCRIBED AS: gentle, tender, mindful	DESCRIBED AS: busy, persistent, energetic	DESCRIBED AS: efficient, analytical, thorough
JUDGED AS: flighty, hyperactive, unreliable	JUDGED AS: shy, wimpy, hypersensitive	JUDGED AS: pushy, demanding, loud	JUDGED AS: critical, know-it-all



Montessori Activity on Cleanliness by the teacher with her students.

Send your suggestions and feedback for the improvement of newsletter

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